

As for phone appointment, please see the sheets from 3/4 to 4/4.

Health examination application flow

< Online appointment reservations >

1. Appointment application

Make an appointment online at the health examination appointment center (Wellness Communications Corporation)

- ① Please apply through the exclusive portal site via smartphone or computer.
- ② If you are a first-time user, please complete the member registration before completing the appointment procedure.

Appointment website URL

<https://i-wellness-p.com/j00/j00101.jsf>

QR Code



< Things to note >

- Make an appointment two weeks before your desired examination day. Make sure to have your insurance card on hand when you make your appointment.

- If you don't have an email address, please make your appointment by phone.

Please note that you can only make one appointment per email address. For couples and in other cases, please use a different email address.

2. Appointment confirmation

We will inform you of the result of your appointment application approximately one week after your application.

Appointment confirmation information will be sent to your registered email address.

<If your appointment reservation was not successful>

You will be informed via e-mail that you were not able to get an appointment on your desired date. Either log into i-Wellness and re-adjust or contact the health examination appointment center (0570-783-186) by phone.

3. Health examination information

Health examination information will be delivered approximately two weeks before your examination date.

“Health examination information (postcard)” and “medical questionnaire information” will be delivered. Please log into i-Wellness and respond.

*The medical institution will send you a test kit and other material separately. The medical institution may also send you a medical questionnaire so please ensure that you fill it out and return it to the medical institution.

4. Undergoing health examination

- Please bring your “health insurance card” and “test kit” when you go to the medical institution where you made your appointment to undergo your health examination.
- Please pay the co-payment at the medical institution on the day of the examination.

5. Health examination results

Please confirm your health examination results.

- The results of your health examination will be delivered by the medical institution approximately 2-4 weeks after undergoing the examination
- Approximately 1-2 months after undergoing the health examination, you will be able to confirm your results via i-Wellness.

【Contact information】

Wellness Communications Corporation Health Examination Appointment Center

TEL: 0570-783-186

Monday to Friday 8:30-19:30 (Excluding weekends, holidays and the New Year period)

Health examination application flow

<Phone appointment reservations>

1 . Appointment application

Make an appointment by phone at the health examination appointment center (Wellness Communications Corporation)

Please apply to the appointment center by phone.

For identity confirmation, you will be asked your (1) health insurance card number, (2) name and date of birth, (3) Health Insurance Society member name.

- Wellness Communications Corporation Health Examination Appointment Center phone number

TEL: 0570-783-186

- Reception

Reception : Monday to Friday 8:30-19:30

(Excluding weekends, holidays and the New Year period)

<Things to note>

- Make an appointment two weeks before your desired examination day. Make sure to have your insurance card on hand when you make your appointment.

- If you don't have an email address, please make your appointment by phone.

Please note that you can only make one appointment per email address. For couples and in other cases, please use a different email address.

2 . Appointment confirmation

We will inform you of the result of your appointment application approximately one week after your application.

Appointment confirmation information will be sent to your registered email address.

Appointment confirmation information will be conveyed via phone by the health examination appointment center.

* In the event that you don't answer the phone, if there is an answering machine, appointment confirmation information will be left as a message. An appointment confirmation letter (postcard) will be mailed to you approximately one week later.

3. Health examination information

Health examination information will be delivered approximately two weeks before your examination date.

Health examination information” and “medical questionnaire” will be sent as a set. Please return the medical questionnaire in the enclosed return envelope.

*The medical institution will send you a test kit and other material separately. The medical institution may also send you a medical questionnaire so please ensure that you fill it out and return it to the medical institution.

4. Undergoing health examination

- Please bring your “health insurance card” and “test kit” when you go to the medical institution where you made your appointment to undergo your health examination.
- Please pay the co-payment at the medical institution on the day of the examination.

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